UPLIFT® MAX is our ultra-potent pre-workout, formulated and dosed with innovative and cutting edge ingredients designed to fuel your body and take your workout to the next level! Our advanced stimulant blend is scientifically formulated to rapidly activate and prime the central nervous system, enhancing fast twitch muscle fibers for an intense workout. Our advanced hydration blend nourishes and fuels your body, significantly enhancing your endurance and recovery. Supplementing with UPLIFT® MAX 20-30 minutes pre-workout will help you attack your workouts with intensity and focus, giving you sustained energy that helps you push your body to a whole new level.†

Hordenine HCL: Gives you a powerful, yet clean feeling energy boost, increases concentration and mood, and primes the nervous system for intense bouts of activity.†

Coconut Water Powder: Loaded with electrolytes to provide rapid, yet long lasting hydration. Contains crucial vitamins and minerals to enhance endurance and help prevent dehydration during strenuous activity.†

Huperzine A: Boosts cognitive performance, focus, and memory by helping improve the levels of acetylcholine in your brain.†

Rauwolscine: An alpha-receptor antagonist that blocks the action of the receptors responsible for stopping the breakdown of lin(lipolysis).†

TeaCrine: Rapidly enhances physical energy and provides you with a long lasting focus and motivation.†

TEACRINE

TeaCrine® is a registered trademark and protected by Patents Pending, Serial No. 14/528,725; under exclusive global distribution by Compound Solutions, Inc.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE IN USA

Please Recycle.

Manufactured Exclusively for:
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1000 N Green Valley Pkwy #440-520
Henderson, NV 89074
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NLA FOR Her

Uplift® MAX

ULTRA POTENT ELITE LEVEL PRE-WORKOUT†

Clean and Sustained Energy†
Fast Twitch Muscle Fiber Activation†
Improved Athletic Performance†
Advanced Hydration Blend†

Sour Raz Snocone

DIETARY SUPPLEMENT
NET WT: 7.41oz (210g)

SUPPLEMENT FACTS

Serving Size 1 scoop (7g)
Servings Per Container: 30

	Amount per serving	% Daily Value
Calories	10	
Total Carbohydrate	4 g	1%*
Biotin (as Biotinamide)	12 mg	75%
Vitamin B_6 (as Pyridoxine HCl)	1.3 mg	75%
Vitamin B_{12} (as Cyanocobalamin)	1.2 mg	200%
Sodium (as Sodium Citrate and Sodium Chloride)	105 mg	5%
Advanced Performance Matrix	1017.5 mg	**
Beta Alanine, L-Citrulline Malate 1:1, L-Sorbitine, L-Arginine, Pure Carbohydrate Acid (PAA)		
Caffeine Anhydrous	180 mg	**
Caffeine (from Green Tea)	20 mg	**
Energy Boosting Blend	1000.2 mg	**
Unlocking Matrix		
TeaCrine® (Cocoalin Alkaloids Mixture Ice Matrix Ice) 40%, Inositol, Hordenine HCl, L-Tyrosine, Sulphoxide Colinol, Choline Bitartrate, Alpha-Yohimbine (Rauwolscine) 10%, Huperzine A 1%, L-Alpha Glycerophosphorylcholine (Alpha GPC)		
Advanced Hydration Matrix	150 mg	**
Coconut Water Powder		

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value not established

Other Ingredients: Malic Acid, Citric Acid, Natural and Artificial Flavor, Silicon Dioxide, Maltodextrin, Acesulfame-K, Calcium Silicate, Potassium Chloride, Sucralose.

Contains Tree Nuts (Coconut)

DIRECTIONS: As a dietary supplement, mix 1 scoop (7 g) with 4-8 ounces of water and consume 20-30 minutes before beginning activity. This is to be done the first three (3) times using "UPLIFT® MAX". Under no circumstances should any of the warnings be ignored. Beginning with the 3rd time using UPLIFT® MAX, dose may be increased by, but not more than, 1/2 of a scoop (3.5 g). The ideal individual dose may vary between 1-2 scoops. DO NOT exceed more than 2 scoops before workouts.

WARNING: This product is intended for healthy adults only. Do not use if pregnant or nursing. Consult a health care practitioner prior to use if you are taking any medication or have any medical issue. Individuals who consume caffeine with this product or who are sensitive to caffeine may experience restlessness or difficulty sleeping. Do not exceed recommended dosage. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.